

## Ohio PREP District 2

### Coalition Meeting & Training (Virtual)

#### Meeting Minutes

5/19/2021

**Ohio PREP District 2 Virtual Coalition Meeting Attendees:** Rebecca Coiner (Speaker) Ohio Guidestone; Michelle Polek, Lighthouse Youth Services; Sarah Goins & Katie Speicher, Stark Co. JFS/CSD Independent Living; James Molnar, Stark Co. Juvenile Human Trafficking Task Force; Brianna Moore, Portage Co. JFS/CSD; Ashley Archer, Molly Malloy, and Kelli Trenger, Canton City Public Health; Tecca Thompson (Ohio PREP Program Manager) Ohio Dept. of Youth Services; Brooke Bourdeau, Geauga Co. JFS; Dawn Norton, Lorain Co. Juvenile Probation Dept.; Maurice Cole & Erin Lark (Ohio PREP District 2 Coordinator), Cuyahoga Co. Board of Health.

1. Welcome:

Molly Malloy-Canton City Public Health

Maurice Cole- Cuyahoga County Board of Health

2. Introductions provided by each attendee and their roles.

3. “Breathe for Change: Mind > Body > Wellness” (virtual)

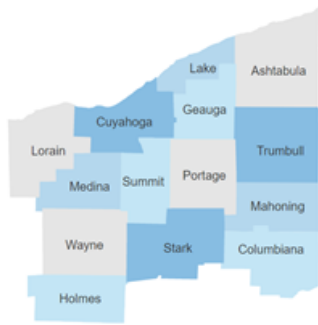
Presenter, Rebecca Coiner, Community Liaison, Ohio Guidestone

Mind, Body, Wellness presentation included breathing techniques, a “power pose” and some ice-breaking exercises that can be used in any setting. Rebecca discussed a theoretical approach to mindfulness, along with three (3) interconnected layers of well-being. She also led a group exercise in identifying an accountability buddy to better insure attaining one’s stated goal. We believe these skills are transferrable to PREP staff and will aid in youth engagement during PREP cohorts.

4. Technical Assistance & PREP Updates:

Erin Lark, Ohio PREP District 2 Coordinator, Cuyahoga County Board of Health

- Agencies seeking Making Proud Choices (MPC!) facilitator trainings should contact Rebecca Coiner (District 2 North) at [rebecca.coiner@ohioguidestone.org](mailto:rebecca.coiner@ohioguidestone.org) or Molly Malloy (District 2 South) at [mmalloy@cantonhealth.org](mailto:mmalloy@cantonhealth.org) .
  - Request should include number of staff to be trained and whether or not agency can host MPC! Training.
- Beyond Birds & Bees (BBB) is available for parents, foster care parents and youth serving professionals. The program goal is to improve participants’ ability to talk with young people about sex using accurate information and resources. To learn more about this program, contact Erin Lark at [elark@ccbh.net](mailto:elark@ccbh.net) .



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- Making Proud Choices (MPC!) curriculum is available via virtual instruction to foster care youth and juvenile justice youth by the District 2 staff until in-person trainings can be completed for facilitators. Some agencies are utilizing Reducing the Risk (RTR) curriculum as many staff has already been trained.

5. Announcements:

- Sarah Goins of Stark County Job & Family Service/Children Services Division plans to teach MPC virtually to foster care youth starting in June, 2021.
- Brianna Moore of Portage County Job & Family Service/Children Services Division also plans to teach MPC virtually to foster care youth in June, 2021.

**Next Coalition Meeting:**

Wednesday, August 18<sup>th</sup>, 2021

10:00 AM – 12:00 PM